

Tip of the day:

Expect more opposition as you transition from one season of the year to another. For example, after the summer ends and school begins again, it takes time for everyone to adjust to the change in routine. Be sure to expect trying times, and brace yourself to offer grace to yourself and to your children.

Some families have found that keeping a little school going through the summer and some chores going, smooths the transition back into the school routine. For example, have some time to read each day and to rehearse math facts.